

**Northern Virginia Falls Prevention Alliance**  
**April 25, 2024; 10:30 a.m. – 12:00 p.m. on Zoom**

**Meeting Agenda**

- 10:30 – 10:35 Welcome
- 10:35– 11:20 Presentations:
1. Senior Care and Services  
Delores Athey-Clearfield, CDP, Capitol City Nurses  
And Lori Krause, Planning for Senior Life
  2. Black Male Dementia Caregiving, R.W.Turner Lab, GWU  
Aaron Henry, MSHS, PA-C  
Amani Ali, B.S.
- 11:20 – 11:35 Grant report/updates
- Current ACL grant goals and objectives: 2023-2027
    - SAIL
    - MOB
    - Target populations: focus on Black, Hispanic and low-income populations (sites, leaders and participants)
    - Data collection efforts
    - *Saving Claire Falls Prevention Project*
    - Regional Training Coordinator position
    - Falls Prevention Awareness Week (Sept. 23-27, 2024)
    - Sustainability plan—ongoing efforts with MCOA
- 11:35 – 11:45 Alliance/other programs--ongoing
- Website (events, program listings, member links, resources)
  - Alliance and Leader's Loop Newsletters (ongoing submissions)
  - Remaining 2024 meetings: 7/25, 10/24; 10:30 – 12:00 p.m.
- 11:45 – 12:00 Roundtable
- Member sharing, networking
  - Adjourn



**Northern Virginia Falls Prevention Alliance**  
**April 25, 2024 Meeting Minutes**

**Welcome/Introductions:** Sara welcomed everyone and each person introduced themselves.

**Presentations:** Delores Athey-Clearfield, CDP, Capitol City Nurses presented on services provided by her agency and Planning for Senior Life. A 2<sup>nd</sup> presentation was given by Aaron Henry, MSHS, PA-C, and Amani Ali, B.S. of the R.W. Turner Lab at GWU on the Black Male Dementia Caregiving research project.

**Grant and Alliance updates:** Sara gave updates on the current grant (we are 1 year in!!). This included upcoming SAIL and MOB leader trainings, data collection, target population, *Saving Claire*, the RTO Coordinator position opening, Falls Prevention Awareness Week 2024 and current sustainability efforts.

Sara shared that grant team members will be presenting at the Age+Action conference in May and that an abstract was submitted for the GSA conference in Nov.

Sara reminded the group to submit information for the newsletter as appropriate. Remaining meetings for 2024 will be 7/25 and 10/24.

**Roundtable:**

Group members shared current and upcoming events, programs and services being offered throughout the region.

The meeting adjourned at 11:45 a.m.