

Northern Virginia Falls Prevention Alliance
October 24, 2024 Meeting Minutes

Welcome/Introductions: Sara welcomed everyone and introduced Carrie Smiley, the new RTO.

Grant Report and Updates: Sara gave updates on the current grant, including our program data from the national database. SAIL continues to be very successful throughout the region. MOB is a bit slower. As always, we need more people to be trained as leaders in both programs with MOB a bit more urgent. Sara reminded everyone about data collection. She discussed the target population, Saving Claire, Falls Prevention Awareness Week, and project dissemination efforts.

Presentation: Cheryl Beversdorf, RN MHS MA is a producer and host of the TV show and podcast *Aging Matters*. She presented on her background and the topics she covers, such as demographics, residence choices, health and safety issues, social interests, and others. She also invited people to reach out to her with ideas and/or potential speakers for both of her shows. Visit her website at www.agingmattersonline.com for more information.

Alliance and other programs: Sara announced the new website that launched in August. Trainings for 2025 will be posted soon and the dates for the 2025 Alliance meetings were shared.

Roundtable: Group members shared updates and upcoming events.